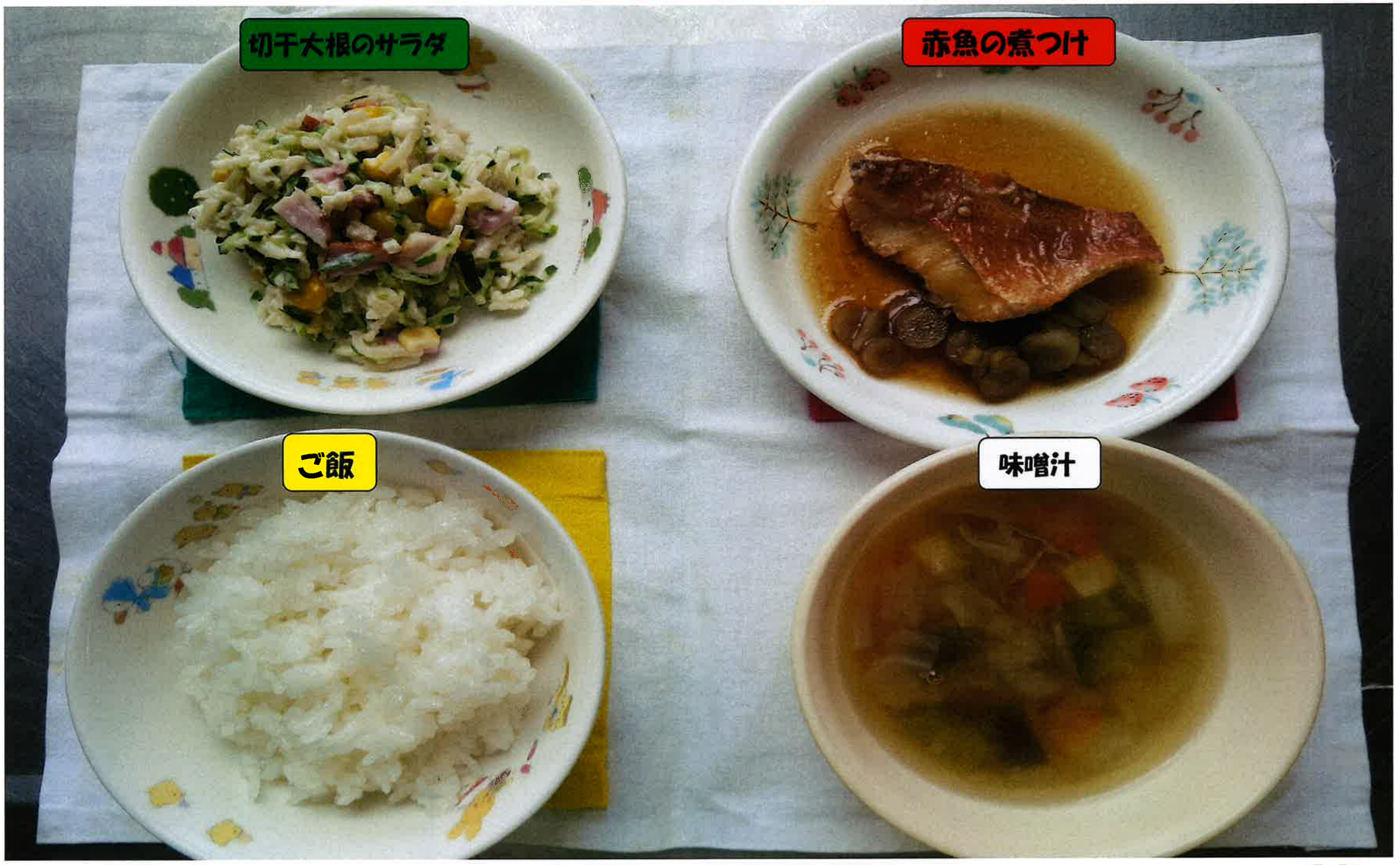
切干大根のサラダ
赤魚の煮つけ
ご飯
味噌汁