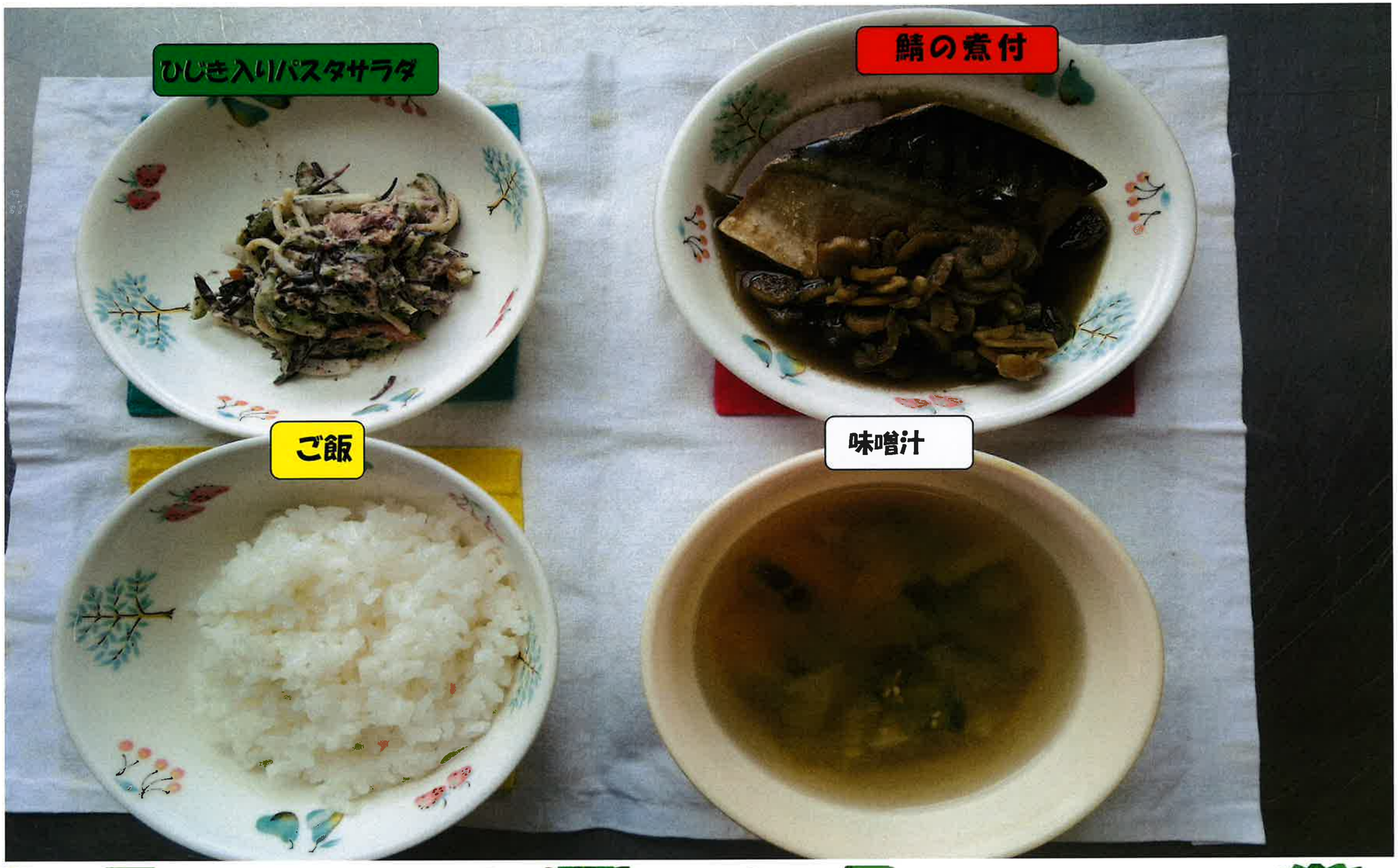
ひじき入りパスタサラダ
鯖の煮付
ご飯
味噌汁